

Free One Hour Telephone Workshop for Family Caregivers and Friends

Coping With Caregiving: Managing Appetite Problems

Workshop Topics:

- Six Steps Caregivers Can Use to Solve Common Problems
- Improving Appetite and Nutrition
- Where to Turn for Help

Call Dates:



June 18, 2009 7:00-8:15 p.m.
June 23, 2009 10:00-11:15 a.m.

How Do I Register?



To register go online to tinyurl.com/junecaregiver or call **1.800.966.3586**. Please register for the workshop date and time that best suits your schedule. After you have registered, you will receive additional information.

Coping With Caregiving: Getting Information On What to Expect

Workshop Topics:

- Six Steps Caregivers Can Use to Solve Common Problems
- Using Effective Communication to Get Information from Medical Staff
- Where to Turn for Help



Call Dates:



August 13, 2009 7:00-8:15 p.m.
August 18, 2009 10:00-11:15 a.m.

How Do I Register?

To register go online to tinyurl.com/augustcaregiver or call **1.800.966.3586**. Please register for the workshop date and time that best suits your schedule. After you have registered, you will receive additional information.

Featured Speaker:

Julia A. Bucher, RN, PhD. Dr. Bucher is an associate professor for the Department of Nursing at York College in Pennsylvania and co-editor of the *"American Cancer Society's Complete Guide to Cancer Caregiving."* As a caregiver herself, Dr. Bucher will share tips and resources on caring for a loved one with cancer. There will also be time for questions and discussion.

The American Cancer Society's telephone workshops are offered to anyone caring for a loved one with cancer. The workshops offer cancer related information and support and are free, no phone charges apply.

For more information, please call the American Cancer Society at 1.800.966.3586 or email meg.garner@cancer.org.