

Date

Dear [*Employee*]:

[*Company Name*] is joining with the American Cancer Society to increase awareness of prostate cancer as an important health concern among American men. Prostate cancer is the most frequently diagnosed cancer in men (other than skin cancer) and incidence rates are significantly higher in African-American men.

The only well-established risk factors for prostate cancer are age, race/ethnicity, and family history of the disease. The American Cancer Society believes that doctors should discuss the pros and cons of prostate cancer testing with men so each man can decide if testing is right for him. Here are a few guidelines:

- Men at average risk for prostate cancer should have this discussion beginning at age 50.
- African-American men and men with a family history of prostate cancer are at higher risk, and should have this talk at age 45.
- Men with several family members who had prostate cancer at a young age should have this discussion at age 40.

If, after this talk, a man decides to be tested, the tests should include a yearly prostate-specific antigen (PSA) blood test and digital rectal examination (DRE).

Call 1-800-227-2345 or visit cancer.org for additional information about prostate cancer and how the American Cancer Society can help you stay well by taking steps to reduce your risk of the disease.

Sincerely,

[*Name*]

[*Title*]